# About homeopathic and anthroposophic medicinal products

Homeopathic and conventional medicinal products have the same scrutiny in terms of their manufacture, distribution and pharmacovigilance.

European Commission 2018

#### Millions use them

- Homeopathy is used in 100 countries around the world and is the third most popular specific complementary medicine.
- Three out of four Europeans know about homeopathy, and of these, 29% use it for their health care; there is growing demand for these products.
- · Patients express very high levels of satisfaction with these treatments.



#### They are effective

- A substantial body of scientific research demonstrates the effectiveness of these forms of treatment.
- A growing body of published clinical studies confirm their real-world effectiveness.
- 70% of those that use homeopathy experience improvements in health.



#### They are safe

- They are used in primary and clinical care across Europe.
- They can be prescribed alongside other forms of medicine or used for appropriate self-medication.
- Users choose these medicines for their safety profile.
- Adverse drug reactions are reported only very rarely.



#### Negligible impact on the environment

- The majority of homeopathic substances have no environmental toxicity.
- Manufacturers promote organic farming for their source materials, fostering biodiversity.
- Many manufacturers optimise the use of natural resources throughout their supply chain.



#### A strong foundation in EU law

- Specific EU legislation for homeopathic medicinal products has deep roots in their broad use in the Member States.
- Most Member States officially confirm a market in their country.
- Patients and prescribers use them in all Member States.
- Legislation is based on the EU principles of free trade and freedom of choice.
- The European Pharmacopoeia and other national pharmacopoeias determine the quality standards for the starting materials and manufacture of these products.



#### They bring public health benefits

- These long-established therapies and their medicinal products have a role to play in the face of major health challenges in the EU.
- They offer valuable treatment options in support of EU health policy goals on multimorbidity, polypharmacy, chronic diseases and an ageing population.
- They can contribute to safe and effective strategies to reduce the use of antibiotics.
- These cost-effective medicines can contribute to the financial sustainability of health systems.



#### EU – a global centre of expertise

- Homeopathic and anthroposophic medicinal products have been safely on the market in Europe for decades.
- Companies offer a broad spectrum of products for individual patients, many with low- or no profit margin.
- The industry is characterised by huge variety with hundreds of different natural starting materials.
- The sector employs about 10,000 people in the EU with multiple micro, small and medium-size businesses.



### Support the people's choice

Help achieve EU health goals by supporting initiatives in favour of homeopathic and anthroposophic medicinal products.



## Add your voice

Speak out in favour of these products and therapies in health debates.

Table and support amendments.

Ask Parliamentary Questions to the Commission.

#### **Confirm your support**

Email Amandine Oset, Political Affairs Manager on office@echamp.eu



With over 40 full company members from 18 European countries, ECHAMP, the European Coalition on Homeopathic & Anthroposophic Medicinal Products, works to ensure that its members can meet the demand from users and prescribers across the EU for these products.

ECHAMP E.E.I.G. Rue Washington 40 B-1050 Brussels

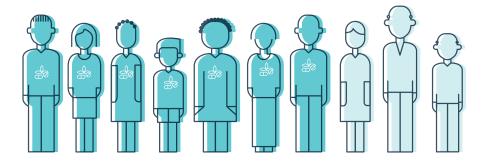
T: (32) 2 649 94 40 E: office@echamp.eu

www.echamp.eu

The current regulatory framework for homeopathic products .. strikes a balance between ensuring their quality and safety .. while at the same time giving citizens access to these products.

European Commission 2018

# Support the people's choice



**70%** of those that use homeopathy experience improvements in health.



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Homeopathic and anthroposophic medicinal products are safe.



Homeopathic and anthroposophic medicinal products **bring public** health benefits.



of the European Parliament

(2019-2024).



European Coalition on Homeopathic & Anthroposophic Medicinal Products