

# About homeopathic and anthroposophic medicinal products

Homeopathic and conventional medicinal products have the same scrutiny in terms of their manufacture, distribution and pharmacovigilance.

European Commission 2018

## Millions use them

- Homeopathy is the second largest system of medicine in the world.
- **Three out of four Europeans** know about homeopathy, and of these, **29% use it for their health care**; there is growing demand for these products.
- Patients express very high levels of satisfaction with these treatments.



## They are effective

- A substantial body of scientific research demonstrates the effectiveness of these forms of treatment.
- A growing body of published clinical studies confirm their real-world effectiveness.
- **70% of those that use homeopathy experience improvements in health.**



## They are safe

- They are used in primary and clinical care across Europe.
- They can be prescribed alongside other forms of medicine or used for appropriate self-medication.
- Users choose these medicines for their safety profile.
- Adverse drug reactions are reported only very rarely.



## Negligible impact on the environment

- The majority of homeopathic substances have no environmental toxicity.
- Manufacturers promote organic farming for their source materials, fostering biodiversity.
- Many manufacturers optimise the use of natural resources throughout their supply chain.



## A strong foundation in EU law

- Specific EU legislation for homeopathic medicinal products has deep roots in their broad use in the Member States.
- Most Member States officially confirm a market in their country.
- Patients and prescribers use them in all Member States.
- Legislation is based on the EU principles of free trade and freedom of choice.
- The European Pharmacopoeia and other national pharmacopoeias determine the quality standards for the starting materials and manufacture of these products.



## They bring public health benefits

- These long-established therapies and their medicinal products have a role to play in the face of major health challenges in the EU.
- They offer valuable treatment options in support of EU health policy goals on multimorbidity, polypharmacy, chronic diseases and an ageing population.
- They can contribute to safe and effective strategies to reduce the use of antibiotics.
- These cost-effective medicines can contribute to the financial sustainability of health systems.



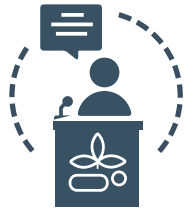
## EU – a global centre of expertise

- Homeopathic and anthroposophic medicinal products have been safely on the market in Europe for decades.
- Companies offer a broad spectrum of products for individual patients, many with low- or no profit margin.
- The industry is characterised by huge variety with hundreds of different natural starting materials.
- The sector employs about 10,000 people in the EU with multiple micro, small and medium-size businesses.



# Support the people's choice

Help achieve EU health goals by supporting initiatives in favour of homeopathic and anthroposophic medicinal products.



## Add your voice

Speak out in favour of these products and therapies in health debates.

Table and support amendments.

Ask Parliamentary Questions to the Commission.

### Confirm your support

Email Amandine Oset, Political Affairs Manager on [office@echamp.eu](mailto:office@echamp.eu)



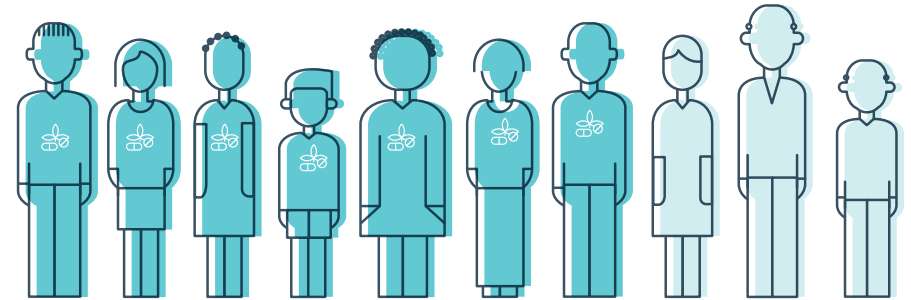
With over 40 full company members from 18 European countries, ECHAMP, the European Coalition on Homeopathic & Anthroposophic Medicinal Products, works to ensure that its members can meet the demand from users and prescribers across the EU for these products.

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# Support the people's choice



70% of those that use homeopathy experience improvements in health.



Millions use homeopathic and anthroposophic medicinal products.



Homeopathic and anthroposophic medicinal products **are safe.**



Homeopathic and anthroposophic medicinal products **bring public health benefits.**

The current regulatory framework for homeopathic products .. strikes a balance between ensuring their quality and safety .. while at the same time giving citizens access to these products.

European Commission 2018



Briefing prepared by ECHAMP for Members of the European Parliament (2019-2024).



European Coalition on Homeopathic & Anthroposophic Medicinal Products